

Hello BAC Members,

Welcome to the January 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in Fredericksburg, TX on Thursday February 21, 2019!! Any BAC members who wish to join us are invited to the Annual General Meeting of the Members on Thurs. February 21, 2019, 4:30pm, at "The Club at Baron's Creekside," 316 Goehmann Ln, Fredericksburg, TX 78624. The AGM will be followed immediately by a Social Gathering to meet your Board of Directors. Please RSVP to Nancy Bohnett in the BAC Office (office@bicycleadventureclub.org) if you would like to join us for the annual meeting and happy hour.

Board Member Election 2019 Dec 15th 2018-Jan 15, 2019.

We still have our BAC Board of Directors election in progress. Thank you to all who have voted. If you have not voted yet please vote by Jan 15th by logging in to the website and clicking on the 'We Need Your Vote' link at the top of the page.

With the end of the term for board members Carol Anderson and Karen Hass approaching, we will have two vacant board positions to be filled in 2019. The four candidates for these two positions are listed below; please identify up to two of the four for which you'd like to assign your proxy. The Board Chair will vote the proxies as directed at the Annual General Meeting on February 21, 2019. **You will need to have a current membership prior to December 13th 2018 in order to assign your proxy.**

Jan Erickson (Winthrop, WA) I have been a member in good standing with BAC since 2008 and committed to the philosophy of the mission statement; connecting members socially through organized tours, mutual respect for others, and members' independence and self-reliance with the adventure we all expect. It is important to pay forward and pay back. An organization cannot survive without its members' involvement. I consider myself as one who plays well with others and can look at the big picture for a good outcome of ideas. I have been a co-leader on four rides that Jim and I developed and led. Jim and I led three rides and one of our rides with another BAC leader. I am always willing to help other leaders while on rides. I have been on nine domestic and four international BAC ride. Jim and I have done a number of self-contained rides. I taught High School Physical Education for 28 years, and was the Director for a Wellness Program for the Faculty and Staff of over 1200. I have been a presenter and leader for the Tacoma Mountaineers, presenter at the Washington State Track and Field Annual Conference, served as President of my Homeowners Association, and the Events Director (14 events) and Volunteer Coordinator (200 volunteers) and eventually became a Board Member of Methow Trails. I am a good project manager and perfected that work through my positions with Methow Trails. I know what it takes to be a contributing member of a board. I organize well and have good logistical skills. I would be honored to serve as member of the Board of Directors.

Tom Leever (Hendersonville, NC) As documented in the December newsletter, the BAC Board has nominated four of us to fill two positions on the Board for the next four years. Many members have been complaining for years, that one can't call something an election if there is no choice. Now there is a choice. There are emails circulating around criticizing this approach, calling it a popularity contest, suggesting that only the Board knows what the club needs and the

Board should decide who should lead us. If that is what the membership truly wants, let us stop calling it an election. It behooves all members who like having this choice, to speak out by voting in this election. Please vote to make sure the Board gets the message - that we like having this choice! Only the number voting makes an impact here, not who you vote for. Use your best judgment to decide that.

Chris Marsh (Rio Rancho, NM) Chris joined BAC in 2011 and has participated in 14 rides including four as Ride Leader and has enjoyed making friends with fellow BAC members. Over the last 40 years, Chris has led hundreds of rides and been on the Boards of a number of bicycle organizations including five years as a board member of the League of American Bicyclists where he was Treasurer and Secretary. Professionally, Chris was an electrical engineer at MITRE where he provided technical management to very large government programs. Chris is currently on the board of two non-profit bicycle advocacy groups and Vice Chair of the Rio Rancho Parks and Recreation Commission.

James Yuhn (Fredericksburg, TX) I joined BAC in 2002. I have participated in 6 BAC rides, most recently completing the 750 mile “Epic Ireland.” I have 3 BAC rides scheduled for 2019. In addition I have ridden numerous other tours in the U.S. and Europe, and led several private tours. In 2018 I retired from a 30+ year career in high tech. I worked in varied capacities including software development, product manager, sales, and management. My primary goal in joining the BAC board is to ensure our website continues to support the club’s needs. I anticipate some future challenges in the areas of security and technology obsolescence. Given our dependence on the website, especially since we now handle credit card payments for ride fees, it is best to address any issues sooner rather than later. Other areas of interest to me include streamlining the ride review, approval, and accounting processes, utilizing technology such as webinars to support ride leader training, and standardizing on best practices for the board of directors.

VIEW FROM THE CHAIR (Karen Hass)

HAPPY NEW YEAR from the BAC Board! Looking back at 2018, it was another busy year for BAC with 55 tours, a Ride Leader Seminar in Temecula, CA, and two Ride Leader Forums. In 2018, nine BAC members became new Ride Leaders, ten became new Co-Leaders, and of course we had many returning Ride Leaders and Co-Leaders. Thank you all for providing so many wonderful rides for BAC members!

RIDE with GPS (RWGPS) club discount for BAC members extended! The 20% discount for BAC members on RWGPS memberships has been extended through the end of 2019 – **use discount code bacrocks2019**. RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) compares the three levels of membership and provides explanations of the features included in each. Here’s how to take advantage of this offer:

Step 1: Log in or sign up for a free account at www.ridewithgps.com

Step 2: Visit www.ridewithgps.com/access_tokens/use

Step 3: Enter in the following BAC discount code: **bacrocks2019**

RWGPS is the premier cycling route planning website that many BAC Ride Leaders and members already use for planning routes and creating cue sheets for BAC tours. The staff at RWGPS are very responsive to members’ needs, constantly updating the website, and are readily

available by email and phone to answer questions. Their website also has an extensive Help section with lots of articles, tutorials, and videos about creating routes and cue sheets, how to upload routes to your GPS device, using the mobile app, and more.

Use of BAC Member Data. The BAC Office and Board have received complaints about emails from several BAC members who've recently started commercial bicycle touring companies. The Board has contacted these members and requested that they not solicit for their businesses using member data from the BAC website. Section 2.19 of the BAC Bylaws, in accordance with Section 8338 of the Corporations Code of the State of California, states that the membership roster may not be used for any commercial purpose or any purpose not in competition with the BAC. If you're receiving these emails and prefer not to, you should contact the company directly and ask to be removed from their mailing list.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Dec. 2018. If they live near you give them a call.

Charles Herron & Linda Lundgren Bellingham, WA
Vito Mazzarino Sunnyvale, CA
Carol Nelson & Kevin Allen Penn Valley, CA
Eric Stanton Riverview, FL
Jason & Irene Strahm San Rafael, CA
David Madison Albany, CA
Fernando & Amy Galiana, Rochester, NY
Fred & Pattie Wheeler Newnan, GA
Jackie Meyers, Denver, CO
Coni Ahrendt Santa Rosa, CA
Kimberlee Ray Mount Vernon, WA
Margaret Slack & David Pacey Okanagan Falls, BC
Bob Blichmann & Betsy Bond Monroe, NC
Paula Power Ojai, CA
Ronnie & Nanette Bryant Bedford, TX.
Patrick & Betty Schroeder Milwaukee, WI
Russell Henry & Martha Turner Sacramento, CA
Thomas & Theresa Healy Pleasanton, CA

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Mike Ballinger I am a retired veterinarian who worked in the pharmaceutical and biotech industry in research. We've lived the past decade in road cycling heaven, the Carson Valley of northern Nevada just east of Lake Tahoe. I joined BAC right after I retired in the summer of 2013 and finally got on a ride a year later. I've progressively ramped up my yearly BAC trips to a peak of 5 in 2018 and now have 15 under my belt. My ride leading experience is limited to leading informal day rides locally.

Charlie Schultz Hi. My name is Charlie Schultz, and I am excited to be the Ride Coordinator for the White Villages of Andalucía 2020 tour. I am an avid mountain and road cyclist living in

the Northwest corner of Washington state. My wife, Terri, and I have been BAC members since 2013, and have ridden on seven club tours, four of them in Spain. We are looking forward to the new year and the cycling adventures to come

Smith Doss and Claude Monnier We have been riding tandems since 1992. We love cyclo-touring, self-supported or organized tours. Claude is from France, so we have cycled there quite a bit and done our own self supported tours either by ourselves or with friends. Our favorite parts of touring are discovering new cultures, enjoying new foods, meeting new people, exploring. We love to share our favorite rides with friends. In the US we have organized several Southern Tandem Rallies.

TOURS (George Ellis)

- 1. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Santa Fe 2019 Sept 27-Oct 4, 2019 Ride Directors: Chris and Jan Marsh. Start Location: Santa Fe, New Mexico. Finish Location: Santa Fe, New Mexico. Ride Rating: 2B!

White Villages of Andalucía 2020 April 28-May 12, 2020 Ride Coordinator: Charlie Schultz in conjunction with Iberocycle. Start Location: Granada, Spain. Finish Location: Malaga, Spain. Ride Rating: 3B!

Discover Prehistoric, Roman Provence and Luberon June 6-21, 2020. Ride Directors: Smith Doss and Claude Monnier. Start Location: Aix en Provence, France. Finish Location: Aix en Provence, France. Ride Rating: 2B!

Douro and Minho Wine Country: Portugal 2020 June 13-26, 2020. Ride Coordinator: Alexandra Wagner in conjunction with Easy Rider Tours. Start Location: Colviha Portugal. Finish Location: Porto, Portugal. Ride Rating: 3A!

Azores Bike & Hike: Climbs and Trails of Sao Miguel June 28-July 7, 2020. Ride Coordinator: Michael Ballinger in conjunction with Easy Rider Tours. Start Location: Augo do Alto. Finish Location: Ponta Delgada. Ride Rating: 3A!

2. Rides with Space Available

- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B [Space available for a single female to share room](#)
- Parrotheads In Margaritaville Jan 19-27, 2019 1C! [Space just opened up for two members sharing a room!](#)
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B

- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- June Journey on the Loire 2019 Jun 7, 2019 - Jun 20, 2019 1A
- Bike Wisconsin-Find the Spotted Cow June 9-21, 2019 2B! [Space just opened up for two members sharing a room!](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space now available for three couples, and also for a single male to share a room and for a single female to share a room.](#)
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B
- A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B
- A Taste of France's Central Massif Sep 12, 2019 - Sep 27, 2019 2B
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space available for a single female to share room.](#)
- Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B
- North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C
- Yellowstone Bike and Hike 2020 Aug 1, 2020 - Aug 15, 2020 2B
- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B
- Croatia Island Tour Sep 6, 2020 - Sep 25, 2020 3B
- Cooperstown 2020 Oct 9, 2020 - Oct 16, 2020 2B
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MEMBERS CORNER

Are you interested? Tuscany from Sun to Sea (May 18-30, 2020) Plan is to spend 12 days/nights touring the Tuscan countryside with overnight stays in 4 locations. Current plan is for the trip to kick off with 5 nights at the rural agriturismo (tourist farm), Il Greppo, which is on the outskirts of Montepulciano and produces VINO Nobile wine. Ride destinations will include the namesake hill town (Montepulciano), Cortona (from Under the Tuscan Sun), and Lago Trasimeno as well as other charming villages. After 5 nights, we will ride to the Buonconvento/Montalcino area, just south of Siena. We will spend 3 nights there with a non-riding day where we will visit Siena (by bus). The next destination is Grosseto for a single night

and then onto Capalbio on the Maremma coast where we will spend the final 3 nights, with rides along the coast and to adjacent towns with an option to visit the Saturnia hot springs. This ride will be led by Bridgette DeShields and Ramona Turner, who took a group of friends to this locale in 2015. It will be a 2B, with an average of 40 miles/day with rides generally ranging from 1,500 to 2,500 ft of elevation but there will be at least one day with up to 3,500 feet of climb. As we will have multiple fixed locations, riders have the option to ride or take a day of 'leisure' some days. If you are interested in this ride, which we are aiming to open for registration in February, please email Bridgette at bridgettedeshields@sbcglobal.net.

Nancy Bohnett-BAC Office Manager
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Hello BAC Members,

Welcome to the February 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

We will be saying goodbye to two of our current board members, Carol Anderson and our chair Karen Hass who will be completing their term on the BAC board in February. These board members have been invaluable to our club in SO MANY ways. Thank you both immensely for all of your service to BAC as a board member, leader and member! It has been a pleasure to work with you both. If you see Carol or Karen on a ride please Thank them for their service.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in Fredericksburg, TX on Thursday February 21, 2019!! Any BAC members who wish to join us are invited to the Annual General Meeting of the Members on Thurs. February 21, 2019, 4:30pm, at "The Club at Baron's Creekside," 316 Goehmann Ln, Fredericksburg, TX 78624. The AGM will be followed immediately by a Social Gathering to meet your Board of Directors. Please RSVP to Nancy Bohnett in the BAC Office (office@bicycleadventureclub.org) if you would like to join us for the annual meeting and happy hour.

VIEW FROM THE CHAIR (Karen Hass)

Board of Directors 2019 Election. Thanks to all four BAC members who stood for election to the 2019 Board. Jim Yuhn and Tom Leever received the largest number of proxies during online voting. Although the period for online submission of proxies ended January 15th, if you wish to vote in person you can do so at the 2019 BAC Annual General Meeting (AGM) in Fredericksburg, TX. The Board will vote the proxies at the AGM, and expects to welcome Jim and Tom onto the Board at that time.

Farewell! My term on the BAC Board comes to an end at the conclusion of the AGM on February 21st. It's been a pleasure and an honor to serve this wonderful club as a board member. BAC has been an important part of my life for the past 18 years; I've met so many wonderful and interesting people, many of whom have become good friends, and enjoyed some of the best vacations of my life. Many members have leant support and provided opinions and advice during my time on the Board and I'd like to thank you all – too many to name individually but you know who you are! I'd especially like to thank my fellow Board members and Nancy Bohnett. Nancy has always been there, ready and willing to help me out in any way, with grace, calmness and good humor. As for my fellow Board members, I've enjoyed working with you to ensure that BAC continues far into the future as a social club for serious cyclists who like to tour the world by bicycle. Last but not least, I'd like to extend a special thanks to Carol Anderson who served on the Board from 2012-2015, and graciously agreed to return in 2017 to fill a short-term vacancy.

I hope to see you on a BAC ride sometime!

Tip of the Month – Flying with Your Bike: If you're flying to a BAC tour and plan to bring your bicycle with you (whether you have a coupled bike that can be broken down, or a full-sized bike):

1. Before you purchase tickets for your flights, carefully research airline rules and regulations for luggage weight and dimensions for bicycles in cases/bags/boxes so that you know what your total flight cost will be to transport you, as well as your bicycle and other luggage, to your destination. Print a copy of the rules and regulations to bring with you to the airport.

Coupled bikes: Most airlines will simply charge you for checked baggage as long as your bike case is under a specific maximum weight (usually 23 kilos/50 pounds) and less than 62 total linear inches (L+W+H).

Full-sized bikes (i.e., your bike in a large case with pedals removed and handle bars turned): Most airlines will charge a specific fee for checking a bicycle, although you may simply be charged for oversized luggage. This can get pricey, particularly if they charge you an overweight charge as well as a bicycle or oversize fee. I have friends who flew to South Africa for a bike tour, and with the extra charges for their non-coupled bikes, their total airfare cost was nearly as much as the total cost of their 2-week bike tour.

2. Arrive at the airport 30-45 minutes earlier than you would if you weren't traveling with your bike, just to allow enough time to deal with any hassles you may experience.

3. If you believe the weight and size of your bike case is within the airline's requirements for checking it as standard luggage and the airlines staff try to charge you more at check-in than you were expecting, don't hesitate to insist on speaking to a supervisor or manager. Have handy the copy of the airline rules and regulations applicable to your bicycle.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Jan 2019. If they live near you give them a call.

Sergio Garcia, Berkeley, CA
Michele and Rodney Veilleux, Bradenton, FL
John Wu and Valli Schiller, Naperville, IL
Jackie and Charlie Niles, Santa Rosa, CA
Kathryn Marshall, Greenville, SC
Stephanie Hosking, Keene, NH
Rex Ballinger, Litchfield Park, AZ
Pat White and Michael Tobin, Juneau, AK
Randi Gold and Don Torrey, Folsom, CA
Beth Borchelt, Sterling, MA
Jerry Applegate, Healdsburg, CA
Brian Hockenbery and Linda Sproul, Canyon Lake, CA
Tommy Lusk, Haleiwa, HI
Joella Solus, Anacortes, WA

Jean Coello, Barre, VT
Jerry Brown, Costa Mesa, CA
John and Nancy Griswold, Dallas, TX
Cathy Bucher, San Diego, CA
Jan Baldwin, College Station, TX
Nance Conover, Oakland, CA
Melissa Cott, Cumberland Foreside, ME
Elizabeth Foree, Santa Fe, NM
Kenneth and Jill Carr, Fredericksburg, TX
Carole Nero, Huntington Beach, CA
Christine Barnes, Boise, ID
Nelson Cover, Vero Beach, FL
Peter Wood, Lake Macquarie, New South Wales
Jen Milus, Lewes, DE
John Kingsolver, Tucson, AZ
Jonathan Landman, New York, NY

TOURS (George Ellis)

- 2. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Montreal, je t'aime Sept 7-17, 2019 Ride Directors: John Gradwell & Germain Berube
Start Location: Vaudreuil sur le lac Finish Location: Vaudreuil sur le lac Ride Rating:
1C!

Yet Another Week in Sunny Palm Springs Feb 22-Mar 1, 2020. Ride Directors: Linda & Gerry Taunton. Start Location: Palm Springs, CA. Finish Location: Palm Springs, CA.
Ride Rating: 1B!

Tuscany: From Sun to Sea May 18-30, 2020. Ride Directors: Bridgette DeShields & Ramona Turner. Start Location: Florence, Italy. Finish Location: Rome, Italy. Ride Rating: 2B!

2. Rides with Space Available

- [Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B](#)
- [New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C](#)
- [Virginia Horse Country, Mountains and Valleys May 9, 2019 - May 23, 2019 3B](#)
- [Tuscany in the Spring 2019 May 23, 2019 - Jun 2, 2019 2B](#)
- [Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B Price just reduced \\$400, sign up now! Three spots are available. There is room for a solo and a two people sharing a room.](#)

- [Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B](#)
- [The Black Hills of South Dakota Jun 8, 2019 - Jun 22, 2019 3B opening for a single female willing to share a room](#)
- [Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B space for two couples, and also for a single male to share a room and for a single female to share a room.](#)
- [Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B](#)
- [England the Easy Way \(Or Not\). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A](#)
- [Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B](#)
- [A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B](#)
- [A Taste of France's Central Massif Sep 12, 2019 - Sep 27, 2019 2B](#)
- [Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B](#)
- [Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B](#)
- [Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A](#)
- [The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B](#)
- [Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B](#)
- [Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C](#)
- [Australia: 7 Peaks and More Nov 7-19 2019. 3C! Space for single male to share a room and single female to share room.](#)
- [Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B](#)
- [North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C](#)
- [South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C](#)
- [White Villages of Andalucia 2020 Apr 28, 2020 - May 12, 2020 3B Space for single male to share a room](#)
- [Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A](#)
- [Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A](#)
- [Yellowstone Bike and Hike 2020 Aug 1, 2020 - Aug 15, 2020 2B](#)
- [Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B](#)
- [Cooperstown 2020 Oct 9, 2020 - Oct 16, 2020 2B](#)

ARE YOU INTERESTED?

Maritime Alpes near the Cote d'Azur, May 2020 discover the French Grand Canyon and the turquoise waters of Lake Sainte Croix. Along the way, enjoy perched villages, quiet, small mountainous roads with stunning vistas. The 10 day tour includes 4 transfer days and 6 loop days or take a rest day at the spa. Average ride length is ~ 50 miles with 6,000 feet of climbing (we can shorten the loop days). Tentative schedule - mid May 2020. If you may be interested in this ride please let us know. Smith Doss & Claude Monnier dossmonnier@gmail.com

Are you interested? New Zealand South or North Island Rail Trail/Gravel (Feb 2020) NZ is one of my favorite places to cycle but a common issue that many riders experience is narrow high traffic roads. The goal for these tours would be to experience the wonderful scenery while riding mostly on converted rail trails (gravel), quiet country roads and if necessary on highways

with good shoulders. Both trips would be 12 days/nights and assisted by PedalTours, average 2B with a couple of days up to 3C with options for additional difficulty.

The South Island tour would leave from Dunedin and finishing in Queenstown. The start will be primarily on the Otago Central Rail Trail starting in Middlemarch, through Hyde, Oturehua and Clyde. From Clyde we are on the Roxburgh Gorge Trail and then onto the Lawrence North Trail, from there on the road to Gore and Lumsden where we ride the Fiver Rivers Trail. The final leg is on the Around the Mountains Cycling Trail and then a couple of days to explore the Queenstown trails.

The North Island tour begins and ends in Auckland. Cycling starting in Papkaura or Miranda heading to Thames, Waihi and Matamata via the Hauraki Rail Trail and then over to Rotorua and exploration of the Waikite Valley and the thermal pools. From there we head to Aliamuri and follow the Waikato River Trail to Mangakino, Arapuni and Cambridge where we ride the Te Awa trails through Hamilton to Ngaruawahia and shuttle back to Auckland.

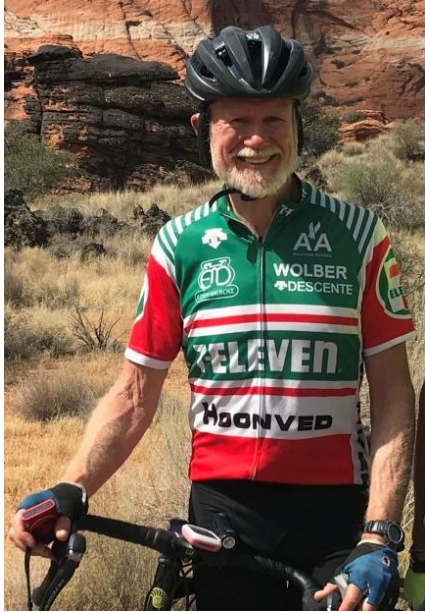
More info on the trails <https://www.nzcycletrail.com> - If interested email Grant McAlister - gmcalister@gmail.com with which island, 2020 or 2021, is the mileage/ride rating okay?

MEMBERS CORNER

Sandy Thompson I am saddened to write of the death of a dear friend, a frequent Bicycle Adventure Club participant and incredible riding partner. Sandy Thompson, out of Boulder, Colorado died in a freak accident occurring January 13th in Bogota, Columbia. The first day out on the tour, just two minutes into the ride and along a pathway, unimaginably, he struck a post causing an instantaneous death. Doctors on the tour were unable to revive him.

Sandy was not only a friend but an adventurer and educator. Bicycle Adventure Club, among others, provided him opportunity to take on those adventures. Cycling was a journey enabling him to explore so many regions where he met and made new friends, shared experiences and ideas, all while taking in the beauty and abundance that constantly surrounded him. Simply, he knew that life is a blessing and chose to live it to the fullest.

Sandy spent most of his professional career at Vassar College in upstate New York, first as a professor of economics (1977-95), and then later as a Dean of Studies until his retirement in 2007. He moved to Boulder, Colorado in 2013 reuniting with old friends, and meeting with new as he continued his passion for cycling. He will be missed terribly by all of us fortunate enough to have known him. Our hearts go out to family, and particularly to his daughter, Emily, with whom he shared a close relationship and who he spoke of frequently, and most fondly.



Sandy, St George Utah, 2018

Rita Zeidner and Harold Datz We are pleased to inform you that, after a long courtship, two of the club's ride leaders -- Rita Zeidner and Harold Datz -- are engaged to be married. Harold says "We will eschew a tandem bicycle. Rather, consistent with feminism, Rita will be pulling Harold up the hills. See you on the road. Harold Datz"

Van Driver for BAC Rides I would like to volunteer to be a van driver for BAC trips. I worked several summers for Vermont Bicycle Tours in the Sonoma area. We used a 15 passenger van and I held a commercial vehicle license. I was licensed to drive a 40' semi-truck or public bus with up to 20 passengers. I have traveled by bike and car extensively in Europe and Asia, and owned a right-hand drive car we used for a 10,000 km trip through the Australian Outback. Therefore, I feel comfortable driving in many environments. Ride leaders may contact me by email David Morrow 54morrow@gmail.com

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Welcome to the March 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Elizabeth Buckingham)

BAC's annual general meeting was held February 21, 2019 in Fredericksburg, Texas. Tom Leever and Jim Yuhn were elected to the Board at the meeting. At the same time Karen Hass and Carol Anderson completed their terms of office. Over her four year term, Karen spent two years as the Vice Treasurer and two years as Board Chair. She was quite involved in the Club's transition to accepting credit card payments for the BAC fee and ride fees as Vice Treasurer and her passion for the Club was quite evident in her efforts to do what she thought was best for the Club during her time as Board Chair. Carol completed a one year term which followed a four year term from 2012-2015. This past year she was responsible for the Ride Leaders Seminar and assisted in documenting the functionality of the current website. Be sure to thank both of them for their service when you see them!

A copy of the Club's 2018 financial statements which was approved at the AGM is available for viewing along with the Form 990 submitted to the IRS on the BAC website under the Docs tab.

I am honored to have been elected by my fellow Board members to serve as Board Chair for the coming year, at the subsequent two day Board meeting. Most of the first day was spent with Laura Otten, Executive Director of The Nonprofit Center at La Salle University in Philadelphia. Key outcomes of the session included providing all Board members with a better understanding of their responsibilities and with insight on the leading practices for non-profit organizations. A key takeaway was that the expected workload of BAC Board members is not sustainable. Many Board members are spending more than ten hours a week on Board related duties while leading practice is to spend less than this a month. A decision was made to explore what would be required to transition towards a Board that focuses on policy with the implementation of the day-to-day operations left to a combination of paid resources and Club volunteers. Likely future bylaw changes to implement this include moving to a three year term for Board members with a two term limit, and eliminating the need for a majority of the members of Club committees to be Board members. Consideration may also be given to increasing the size of the Board.

The second day of the meeting focused on Club policy and website issues. Approval in principal was given to a suite of Board governance and operational policies. It describes the roles of current Board committees, provides a document retention policy and details a conflict of interest policy for Board members, none of which formally existed before. The document has been posted to the BAC website under the Docs tab. Club members are invited to review the document and provide comments by Friday, March 15, 2019. Comments should be sent to office@bicycleadventureclub.org and elizabeth.bac@bell.net. The feedback received will be considered before the document is finalized and approved.

A report on the 2018 membership survey was also received during the meeting. It too has been posted to the BAC website under the Docs tab. Many thanks to the more than 900 members who took the time to participate.

Board members and their primary roles for 2019 are:

Elizabeth Buckingham	Chair
Kate Gordon	Secretary
Brenda Cole	Treasurer
George Ellis	Ride Management
Tom Leever	Ride Leader Training and Development
Clarice Sackett	Member Relations
Jim Yuhn	Website

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in Jan 2019. If they live near you give them a call. **insert new members March 1st**

TOURS (George Ellis)

- 3. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Mallorca 2020-A Cycling Gem May 9-23, 2020. Ride Director: Nelson Diaz. Start Location: Palma, Mallorca, Spain. Finish Location: Palma, Mallorca, Spain. Ride Rating: 2B!

The Dordogne, Perigord and Gorges of France-2020 May 16-30, 2020. Ride Directors: Lucy & Randy Glover. Start Location: Bordeaux, France. Finish Location: Toulouse-Blagnac Airport. Ride Rating: 2B!

Canary Islands 2020 - Volcano, Mountains and Beaches May 30-June 13, 2020. Ride Coordinator: Nelson Diaz in conjunction with Iberocycle. Start Location: Lanzarote, Spain. Finish Location: Tenerife, Spain. Ride Rating: 2B!

Lakes and Mountains of Haute Savoie June 2-16, 2020. Ride Directors: Randy & Lucy Glover. Start Location: Geneva, Switzerland. Finish Location: Geneva, Switzerland. Ride Rating: 2B!

Catalonia - Salvador Dalí and Costa Brava Sept 17-Oct 1, 2020 Ride Coordinator: Judy Willard in conjunction with Iberocycle. Start Location: Girona, Spain. Finish Location: Girona, Spain. Ride Rating: 2B!

- 2. Rides with Space Available**

- [Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B Space for single male to share a room.](#)
- [Virginia Horse Country, Mountains and Valleys 2019 May 9, 2019 - May 23, 2019 3B Space just opened for single female to share a room](#)
- [Surprising Sardinia - Italy's Splendid Adventure May 13, 2019 - May 25, 2019 3B](#)
- [Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B Space just opened for single male to share a room](#)
- [Portugal: Wildflowers and Castles in the Spring May 26-June 7, 2019 3B! Space for single male to share a room.](#)
- [Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B](#)
- [Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B Space now available for two couples, and also for a single male to share a room.](#)
- [Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B](#)
- [England the Easy Way \(Or Not\). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A](#)
- [Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B Space for single female to share a room](#)
- [A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B](#)
- [Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B Space for a couple on this ride.](#)
- [Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C](#)
- [A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B](#)
- [Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B](#)
- [Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B](#)
- [Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A Space for single female to share a room along with 6 other spaces.](#)
- [Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B](#)
- [Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C Space for a single male to share a room & space 6 additional participants. Sign up is urgent as hotel reservation deadlines are this month!](#)
- [Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C Australia: 7 Peaks and More Nov 7-19 2019. 3C! Space for single male to share a room.](#)
- [Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B](#)
- [Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B](#)
- [North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C](#)
- [South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C](#)
- [Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A](#)
- [Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A](#)
- [Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B](#)

ARE YOU INTERESTED?

Ride Leader Seminar 2019? We are planning the next Ride Leader Seminar and in preparation, we reviewed both where we've run them in the past and where our members live to see if there were gaps that should be filled. So far we have run them 4 times in CA, 3 in CO and 1 each in

KY, NC, OR, TX and VA. The largest number of members that have not been served are in the NY, NJ, ON & New England area. If that area were one state the size of our western states, they would be the second most heavily populated with BAC members.

Question #1 is would you be interested in the following location; The Red Lion Inn, Stockbridge, MA? It is a quaint NE Inn - <http://www.redlioninn.com/> , but it is somewhat remote, being 55 min from Albany, 1:15 from Bradley Field (Hartford CT) and 2 hours from Boston or White Plains. There are no shuttles, so rental cars would be needed for any flying in. We are leaning to this area thinking that most people might drive from home. We would once again have participants pay for their own rooms and we would include two breakfasts, lunches and one dinner, plus the meeting room and services for approximately \$100. The cost for the 10/18–20/2019 dates would be \$330/night, if we wait until the 11/8-10 dates it drops to \$210/night. The alternative to a location such as the Red Lion, would be a hotel near a travel hub, that precludes riding and probably bumps up the cost.

Once we decide on the target area, we look at exactly where and what would be included. Part of the issue with having the Seminar in the New England area is that we generally wait until after the fall tours are completed, but that leads to cooler weather. So question #2 will be would you be interested in a three day fixed base tour to be associated with the Seminar, if the temperatures were expected to be in the higher/lower 50's, depending the early or later dates?

So the exact question is would you attend a Ride Leader Seminar at the Red Lion Inn, arriving on 10/18/2109 _____ or arriving on 11/8/2019 _____ would you be interested if we can add a three day fixed base ride _____ or should we forget the rides and find a more convenient location in the Northeast?

Reply to Tom Leever - tleever@att.net

MEMBERS CORNER

Sandy Thompson I wanted to give credit to Bob Fountain who wrote the beautiful tribute to Sandy Thompson in last month's update. Bob's name was inadvertently left out of the tribute. Thank you Bob for the nice write up!!

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Hello BAC Members,

Welcome to the April 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Elizabeth Buckingham)

With April's arrival, many of our members will soon find themselves out on a BAC ride. Over the next six months, fifty rides are scheduled. Spaces are still available on almost half of them, especially for those who travel as a single. If you have the flexibility of last minute travel, it is good to check the Ride Leader Announcements on the BAC website on a regular basis where you can find out about new space availability and/or if reductions have been made to the cost of a ride.

The Board has set itself some significant objectives for the coming year. A key priority is to move the website to an off-the-shelf platform if it is practical. Such a solution would be much easier to maintain and could offer greater functionality to our members at a lower overall cost. There are some options that look very promising. We are also looking at transitioning the Board so that it focuses on its governance role and the day-to-day operations are left to others. This will require changes to the bylaws and Board governance policies. If you have the skills and an interest to help with either of these initiatives, please send an email to me (elizabeth.bac@bell.net) or the office (office@bicycleadventureclub.org).

HOLD THE DATE - 10/26 & 27/2019 for the next ride leaders seminar to be held in Pittsfield, MA at the Hotel on North - <https://hotelonnorth.com/>. The formal announcement should be posted for signup on May 1st. Included will be a fixed based ride planned for the week before.

MEMBER ANNOUNCEMENTS: New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in March 2019. If they live near you give them a call.

Wayne Lumsden, Carp, ON
Janet Smith, Bosque Farms, NM
Warren Barta, Colorado Springs, CO
Kerry Reardon and Robert Scher, Anchorage, AK
Susan Smith, Cle Elum, WA
Brendan O'Shaughnessy, Edmonds, WA
Richard and Christa Irell, Santa Fe, NM
Helen Hamner, Anchorage, AK
Valerie Mee, Wheat Ridge, CO

Dale Tudor, Sacramento, CA
Sharon Ouimet, Chicago, IL
Cynthia Stilwell, Corbett, OR
Sandy and Linda Morrison, West Chester, PA
Scott Behrmann, Seven Valleys, PA
Lynn and Brad Valentine, Santa Rosa, CA
Kevin Clarke, Dover, NH
Gregory Shepherd, Hood River, OR
Jesse and Nikki Back, Denver, CO
Karen Pollard, Bend, OR

TOURS (George Ellis)

- 4. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Gorgeous Gorges of the French Maritime Alps May 16-28, 2020. Ride Directors: Smith Doss & Claude Monnier. Start Location: Vence, France. Finish Location: Vence, France. Ride Rating: 4C!

Taste of Albania 2020 Mountains, Coastline & Hospitality May 22-June 2, 2020. Ride Coordinator: Kate Gordon in conjunction with Cycle Albania. Start Location: Tirana, Albania. Finish Location: Tirana, Albania. Ride Rating: 3B!

Piedmont West to East 2020 May 22-June 3, 2020. Ride Directors: Julie & Tom Leever. Start Location: Turin, Italy. Finish Location: Turin, Italy. Ride Rating: 3B!

Aosta 2020 June 4-15, 2020. Ride Directors: Tom & Julie Leever. Start Location: Turin, Italy. Finish Location: Turin, Italy Airport. Ride Rating: 4B.

BC Interior: Columbia Headwaters June 23-July 9, 2020
Ride Directors: Sue Bunten & John McCoy. Start Location: Kelowna, BC, Canada. Finish Location: Kelowna, BC, Canada. Ride Rating: 3C!

Camino de Santiago-Northern Route July 8-26, 2020 Ride Coordinator; Albert Balingit in conjunction with Iberocycle
Start Location: San Sebastian, Spain. Finish Location: Santiago de Compostela. Ride Rating: 3B!

Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10-23, 2020 Ride Coordinator: Albert Balingit in conjunction with Pedaltours. Start Location: Hamburg, Germany. Finish Location: Dresden, Germany. Ride Rating: 1A!

Torino to the Sea and Back Sept 16-30, 2020. Ride Director: Woody Sherwood. Start Location: Turin, Italy. Finish Location: Turin, Italy. Ride Rating: 3B!

2. Rides with Space Available

- Mallorca 2019 - A Cycling Gem May 4, 2019 - May 18, 2019 2B
- Virginia Horse Country, Mountains and Valleys 2019 May 9, 2019 - May 23, 2019 3B [Space just opened for single female to share a room](#)
- Tuscany in the Spring 2019 May 23, 2019 - Jun 2, 2019 2B
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Price reduced \\$400. Space for single male to share a room](#)
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B [Space for single male to share a room](#)
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- Bike Wisconsin - Find the Spotted Cow Jun 9, 2019 - Jun 21, 2019 2B [Space just opened for single female to share a room](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space now available for two couples, and also for a single male to share a room.](#)
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B [Space for single female to share a room](#)
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for a single male to share a room as well as two people to share a room](#)
- Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C [Still spots available; the leaders have said that the tour will go ahead regardless of the number of riders](#)
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B [Cost has been reduced by \\$500 and the ride shortened by one day](#)
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space for a single male to share a room](#)
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A [Space for a single male to share a room](#)
- Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sept 20-Oct 3, 2019 [Space for single female to share a room!](#)
- Chateaux of the Loire Valley Section 2 Sep 21, 2019 - Oct 1, 2019 1B [Space for single female to share a room!](#)
- Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A [Space for 6 riders](#)
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- Shenandoah Valley Sampler – With Two Bike Festivals! Oct 18, 2019 - Oct 27, 2019 3B

- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C [Space for a single male to share a room & space 6 additional participants. Sign up is urgent as hotel reservation deadlines are this month!](#)
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C
- Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B
- North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C
- Mallorca 2020 - A Cycling Gem May 9, 2020 - May 23, 2020 2B
- Canary Islands 2020 - Volcano, Mountains and Beaches May 30, 2020 - Jun 13, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A [Space for a single female to share a room](#)
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Yellowstone Bike and Hike 2020 Aug 1, 2020 - Aug 15, 2020 2B
- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B
- Croatia Island Tour Sep 6, 2020 - Sep 25, 2020 3B
- Catalonia - Salvador Dalí and Costa Brava Sep 17, 2020 - Oct 1, 2020 2B

ARE YOU INTERESTED?

ASPEN, CO July/Aug 2020 Is anyone interested in going on and/or co-leading and formulating a trip fixed based out of Aspen, CO. It would be biking, hiking and the famous music festival. Can only be July and August. 2020. If interested Contact Huey Hurst 970 963 1458, hhurst@sopris.net

MEMBERS CORNER

Dick Rust Longtime member Dr. Richard (Dick) Rust (Seattle, WA) passed away on Feb 28, 2019. We were notified by Dick's daughters, BAC members Amy & Lib Rust. Dick and Nancy Rust (former BAC board member) were both avid bicyclists. They enjoyed many BAC tours in multiple countries. Dick and Nancy led the Five Island Tour in Washington States' San Juan Islands and the Gulf Islands in British Columbia, Canada.



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Hello BAC Members,

Welcome to the May 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Elizabeth Buckingham)

Policy Initiatives

The Board has spent considerable time over the past several months discussing policy. The BAC Governance and Operational Policy approved in principal in February was finalized in April and is now available on the BAC website. Two minor changes were approved in principal at the April meeting to assign responsibility to Ride Management to recommend when a firm should be added or deleted from the list of approved tour companies, and to make the Chair of the Website Committee responsible for recommending for approval all invoices associated with ongoing operations of the BAC website/application. If you have any comments with these proposed changes, please send them to elizabeth.bac@bell.net by May 15, 2019.

A number of changes have also been approved in principal to the Ride Leader Policies & Guidelines. A separate email has been sent to all Ride Directors/Ride Co-directors/Ride Coordinators/Drivers who were part of a leadership team since January 1, 2014 and are still eligible to lead future trips and to everyone who is part of the leadership team on a future trip, to solicit comment. The revised document is available on the BAC website under DOCS.

Comments are requested on these changes by May 31, 2019 and should be sent to either office@bicycleadventureclub.org or Elizabeth.bac@bell.net.

There has also been considerable discussion about allowable ride leadership costs for tours. We expect to have a document available for discussion purposes in June followed by one or more Ride Leader Forums in July. More details on this were provided in the email to Ride Directors/Ride Co-directors/Ride Coordinators/Drivers. If you would like to know more and didn't receive the email, get in touch with Nancy in the office (office@bicycleadventureclub.org).

Insurance Coverage

As you sign up for future trips or prepare for upcoming trips, don't forget to review your travel insurance. You should consider:

- ***Trip cancellation/interruption insurance.*** While many cancellations on BAC rides result in a full refund less the BAC fee and payment processing fees, this is not always the case. The closer a cancellation is to the start of a trip and if a commercial tour operator is involved, the more likely there will be costs that cannot be recouped, thus increasing the likelihood that your refund may be only a small fraction of what you paid.
- ***Accident medical coverage*** including medical evacuation and repatriation. While BAC has an accident medical coverage in place for rides outside the USA, it was not designed to provide primary coverage. It also doesn't cover you when you make a personal deviation (e.g., additional travel before or after the scheduled BAC tour). You may also find that your circumstances require additional coverage. For example, BAC's coverage

only provides for one round-trip economy airfare plus reasonable expenses incurred for lodging and meals for an immediate family member if the injured party is hospitalized and confined for longer than seven days. Other policies will provide this benefit for an immediate family member or friend with no minimum stated confinement period. Consider who you expect to help you should you have an accident especially if you are travelling as a single.

You may find some of this insurance is provided through your credit card or your existing health insurance coverage. Make sure you check to see how many days coverage is provided on some of these vehicles. On some credit cards accident medical coverage for example is limited to four days if you are 65 or older. <https://www.squaremouth.com> is a useful site to compare the costs and benefits of different travel insurance policies, especially for members who are resident in the USA.

Ride Leader Seminar, Oct 26-27, 2019 Pittsfield, MA. The 2019 Ride Leader Seminar opens for registration today. If you've ever thought about leading a BAC ride but weren't sure where to start, this is your opportunity to find out! While the seminar is primarily for BAC members who have not yet led a ride, it is also helpful for those who have led BAC rides and want more training on the various skills and tools to lead a successful BAC tour. A five day fixed based late fall foliage tour is currently being planned in the Pittsfield area immediately preceding the Ride Leader Seminar and is expected to be available for signup next month.

MEMBER ANNOUNCEMENTS: New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in March 2019. If they live near you give them a call.

Terry O'Connell, Truckee, CA
Minh Nguyen, San Jose, CA
Mary Gantz, Sarasota, FL
Heather Nakamura, Bellevue, WA
Robert Saward, Brewster, NY
Eugene Birgy, White Plains, NY
Greg and Rosemary Girouard, Ballwin, MO
Rita Napolitano, Pismo Beach, CA
Diana Fuery, Oakland, CA
Adele Ferreira, Gloucester, MA
Amir Tulchinsky, West Hartford, CT
David Rich, Glastonbury, CT
Pamela Beaubian, Atlanta, GA
Judith Jesiolowski and David Thompson, Yarrow Point, WA
Janet Knopf, Kensington, CT

Kathleen Caccavale, Madison, NJ
Robin Dean, Oakland, CA
Carl Panek and Carol Harrison, Naples, FL
Mary McDonnell, Prairie Village, KS
Yvette Waterman, Reno, NV
Ronald Meepos, Golden, CO
Jan Gorban, Bridgewater, NJ
Dennis Johnson, Fountain Hills, AZ
Kay DiMarco, State College, PA
Patty Sanders, Sebastopol, CA
Teri Knight, Denver, CO

TOURS (George Ellis)

- 5. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

2019 Ride Leader Seminar Oct 25-27, 2019 Ride Director: Tom Leever. Start Location: Pittsfield, MA. Finish Location: Pittsfield, MA. Ride Rating: 1A.

Tucson Sunshine and Saguaros Mar 7-14, 2020. Ride Directors: Sharon Reed & Jim Hellebusch. Start Location: Tucson, AZ. Finish Location: Tucson, AZ. Ride Rating: 2B.

Spring in Solvang 2020 Mar 22-28, 2020. Ride Directors: George Ellis & Dianne Olsen. Start Location: Solvang, CA. Finish Location: Solvang, CA. Ride Rating: 2B.

Morocco A Nomads Journey - Marrakech to the Dades Gorges Sept 13-27, 2020. Ride Coordinator: Tracey Rossett in conjunction with Spice Roads. Start Location: Marrakech, Morocco. Finish Location: Marrakech, Morocco. Ride Rating: 3B!

2. Rides with Space Available

- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Space for a couple or two singles to share a room](#)
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B [Space for single male to share a room](#)
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space now available for two couples, and also for a single male to share a room.](#)
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B [Space for single male to share a room just opened up!!](#)

- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B [Space for single female to share a room](#)
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for a single male to share a room as well as two people to share a room](#)
- Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C [Still spots available!!](#)
- Alsace, France Wine Route & Medieval Villages Sept 16-27, 2019. [Space just opened up for a male willing to share a room](#)
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B [Cost has been reduced by \\$500 and the ride shortened by one day.](#)
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space for a single male to share a room](#)
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A [Space for a single male to share a room](#)
- Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sep 20, 2019 - Oct 3, 2019 1B [Space for single female to share a room!](#)
- Santa Fe 2019 Sep 27, 2019 - Oct 4, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A [6 spaces still available!](#)
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B [Space for a single female to share a room and also a single male to share a room.](#)
- North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C
- Gorgeous Gorges of the French Maritime Alps May 16, 2020 - May 28, 2020 4C
- Piedmont West to East 2020 May 22, 2020 - Jun 3, 2020 3B
- Canary Islands 2020 - Volcano, Mountains and Beaches May 30, 2020 - Jun 13, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A [Space for a single female to share a room and also a single male to share a room.](#)
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3C
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B

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Hello BAC Members,

Welcome to the June 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

VIEW FROM THE CHAIR (Elizabeth Buckingham)

Several policy initiatives moved forward at the Board's May teleconference. Two minor changes to the BAC Governance and Operation Policy which were approved in principle in April were finalized. The revised document is now available on the BAC website.

As announced last month, a number of changes to the Ride Leader Policies & Guidelines have been approved in principle. Comments on the changes were requested by May 31, 2019. If you want to submit comments and haven't as yet, please do so by Friday, June 7, 2019 to either office@bicycleadventureclub.org or elizabeth.bac@bell.net.

An email will be sent to Ride Directors/Ride Co-directors/Ride Coordinators/Drivers later this month with details on possible changes to allowable ride leadership costs for tours and dates for one or more Ride Leader Forums in July.

One of the Board Committee principles included in the recently approved the BAC Governance and Operation Policy is that non-board members should be involved with the work of a Board committee wherever it is practical. One of the question that then arises is how should these volunteers be recognized. The Membership Relations Committee has been tasked with developing a policy on this. If you have any thoughts on the matter please send them to Clarice Sackett, csackett49@comcast.net .

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in May 2019. If they live near you give them a call.

Eva Lacelle, Ottawa, ON
Cindy and Robert Kuenzi, Schertx, TX
Karl Reiche, Anchorage, AK
Lori Smith, Spokane, WA
Kate Dudley, Aurora, IL
David Caron, Roseville, CA
Edith Eckerle, Mechanicsburg, PA
Jane Merdic, Weldon Spring, MO
Tracy Bellehumeur, Boulder, CO
William Herbst, Montpelier, VT
Nancy and John Coyne, Columbus, OH
David Helder, Sanford, NC
Susan and Patrick Corser, Denver, CO
Margaret Phelan and Paul Quinn, Victoria, BC
Kitty Barnes, Georgetown, TX
Leanne Smith, Georgetown, TX
Carol Gallagher and Rachel LaField, Lafayette, CA

Phil and Marje Clark, Centennial, CO
Dana Morgan and Bruce Easton, Morro Bay, CA
Kim Peeler, Tampa, FL
Gerald and Barbara Retzlaff, Boulder, CO
Nicolas Teng, Santa Barbara, CA
Bruce and Patricia Feldman, Solana Beach, CA
Bonnie Martin, Brimfield, IL
Lorena and Charles Ballew, Lakewood, CO

TOURS (George Ellis)

- 6. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

The Pittsfield Ramble Oct 20-25, 2019 Ride Director: Claudia Spaulding. Start Location: Pittsfield, MA. Finish Location: Pittsfield, MA. Ride Rating: 2B

Crete, a Greek Adventure 2020 April 27-May 7, 2020 Ride Director: Robert Deering & Ronald Meepos. Start Location: Kissamos, Greece. Finish Location: Kissamos, Greece. Ride Rating: 2B!

Corsica-The Beautiful One April 30-May 13, 2020. Ride Director: Rosa Katz & Arleen Sakamoto. Start Location: Bastia, Corsica, France. Finish Location: Bonifacio, Corsica. Ride Rating: 4A!

From Basel to Amsterdam : The Treasures of the Rhine May 7-June 4, 2020. Ride Coordinator Melody Yuhn in conjunctions with CroisiEurope/Cruise Escapes: Start Location: Basel, Switzerland. Finish Location: Amsterdam, Netherland. Ride Rating: 1B.

Canadian Rockies and Undiscovered Foothills July 13-26, 2020. Ride Directors: Joan Bricker & Sandra Kunzel. Start Location: Calgary, AB, Canada. Finish Location: Calgary, AB, Canada. Ride Rating: 3B!

2. Rides with Space Available

- Vienna Woods and the Austrian Lake District 2019 Jun 9, 2019 - Jun 23, 2019 3C [Space for a single female to share a room](#)
- Bike Wisconsin - Find the Spotted Cow Jun 9, 2019 - Jun 21, 2019 2B [Two spaces just opened up.](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B

- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B [Space has just opened up for a single male to share a room.](#)
- Selkirk Loop 2019. June 25 - July 9, 2019. [Space has suddenly opened up for a single male to share a room.](#)
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B [Space for a single female to share a room.](#)
- Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sep 20, 2019 - Oct 3, 2019 1B [Space for single female to share a room!](#)
- A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for a single male to share a room](#)
- Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C [Still several spaces available!!](#)
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A [Space for a single male to share a room.](#)
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A [Not too late to join this great ride.](#)
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- 2019 Ride Leader Seminar Oct 25, 2019 - Oct 27, 2019 1A
- Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B
- Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sep 20, 2019 - Oct 3, 2019 1B [Space for single female to share a room and also for a single male to share a room!](#)
- North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room.](#)
- Gorgeous Gorges of the French Maritime Alps May 16, 2020 - May 28, 2020 4C
- Canary Islands 2020 - Volcano, Mountains and Beaches May 30, 2020 - Jun 13, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sep 20, 2019 - Oct 3, 2019 1B [Space for single female to share a room!](#)
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3C
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13, 2020 - Sep 27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B

ARE YOU INTERESTED?

Are you interested in taking over a trip? Stephen and Linda Kiel have been leading the **Tuscany on the Med** trip for several years now but will be retiring from leading the trip after 2019. This popular trip has become an annual BAC tradition that fills consistently each year. If you would

be interested in leading this trip for 2020, contact Stephen Kiel. Email – stephen.kiel@pm.me, mobile 949 702 1993

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Melody Yuhn Ride Coordinator, From Basel to Amsterdam : The Treasures of the Rhine May 7-June 4, 2020. A BAC member since 2003, Melody has completed 10 BAC rides, and many private tours over 25 years. She has led private tours, and being recently retired looks forward to leading BAC tours.

Claudia Spaulding Ride Director the Pittsfield Ramble Ride Oct 20-25, 2019. Hello, I'm Claudia Spaulding, now residing in western Massachusetts. My husband and I have been a BAC members since 2008 and been on 8 BAC rides. With the 2019 Fall Ride Leader seminar taking place near our residence, I felt like it was my time to give back and lead this ride, which will take place the week before the seminar.

MEMBERS CORNER

New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

I have three Bilenky custom S&S coupled touring bikes for sale. One measures 52 cm (from center of bottom bracket to top of seat tube); the other two measure 49 cm. These bikes were built small to accommodate packing and they were ridden by people who are 6'0", 5'4" & 5'8". They ride very comfortably and they fit beautifully. They have been ridden less than 2,000 miles. They have steel frames, 700 wheels and Shimano components. They are in very good condition, never crashed, but they have some paint dings from travel. Two of the bikes have their owner's name beautifully emblazoned on the top tube. They come with hard shell cases measuring 26" x 26" x 10" (qualifies as standard luggage for checked baggage), custom padding for packing and assembly tools. I'm selling each for \$500 plus shipping, which should run around \$100 for UPS ground. They are in Annapolis, MD and I'll deliver within 100 miles for free. If you're interested, email me at Harold@haroldashby.com for pictures and answers to your questions.

Ritchey Breakaway Cross 54 cm bike For Sale. Touring setup: White/Burgundy steel frame, carbon aluminum fork. Shimano Ultegra shifters & front derailleur, 105 long cage rear derailleur, 12x34 10 speed cassette. FSA SL-K carbon triple crankset. Wheels have DT Swiss 240 hubs, 28 spokes, Velocity rims with Continental 700 x 28 on the front and Schwalbe 700x32 on the rear wheel. EXTRAS: luggage rack, Ortleib Back Roller Plus panniers (waterproof), plastic fenders, bottle cages. Ritchey travel case, manual, instructions, and wrenches included. .

Total purchase cost in March 2012 was \$4000. For Sale for \$2,000 plus \$100 shipping. Contact: Barry Pullen, pullen_39@yahoo.com or call (804)561-3950. Near Richmond VA.

2 Bike Friday Pocket Rockets for sale. Samsonite Flite travel cases included. Purchased new in 2009, custom built. Very few miles, mostly overseas touring. \$500 each, not including shipping. Large bike fits rider about 6' tall, drop handle bars, Shimano Sora 50-34t/110 9 spd crank, 11-26 9 Spd SRAM cassette, SRAM dual drive 32o 3X 8/9 rear hub. Small bike fits rider 5'5" tall, BF touring H bar with bar end micro shifters, Shimano Sora 50-34t/110 9spd crank, 9 spd 11-32 rear cassette, Crane Creek 200 TT reverse brake levers. Purchased in 2009 but upgraded handlebars (2014) and rear cassette and derailleur in 2016. Several spare SRAM click boxes included along with spare spokes, tubes and new tires and folding rear racks. Email cindydimassa@icloud.com or call (480) 2434380 for details. Location Phoenix, AZ.

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office@bicycleadventureclub.org
www.bicycleadventureclub.org

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VIEW FROM THE CHAIR (Elizabeth Buckingham)

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in July 2019. If they live near you give them a call.

TOURS (George Ellis)

- 7. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Golden Ring of Russia July 27-Aug 8, 2020 Ride Coordinator: Sam Nuckols in conjunction with Trip Site Start Location: Moscow. Finish Location: Moscow. Ride Rating: 1B!

2. Rides with Space Available

- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B [Space for a single female to share a room.](#)
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for a single male to share a room](#)
- Lake Michigan Ramble 2019 Sep 4, 2019 - Sep 19, 2019 2B [Space has just opened up for a couple.](#)
- Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A [Space for a single male to share a room.](#)
- Puglia (Italy) Land Of History, Scenery, Beaches - Sec 2 Sep 20, 2019 - Oct 3, 2019 1B [Space for single female to share a room!](#)
- Chateaux of the Loire Valley Section 2 Sep 21, 2019 - Oct 1, 2019 1B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- The Pittsfield Ramble Oct 20, 2019 - Oct 25, 2019 2B
- 2019 Ride Leader Seminar Oct 25, 2019 - Oct 27, 2019 1A
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C
- Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B [Space for a single male to share a room and a single female to share a room.](#)

- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room.](#)
- Corsica - The Beautiful One Apr 30, 2020 - May 13, 2020 4A
- From Basel to Amsterdam : The Treasures of the Rhine May 27, 2020 - Jun 4, 2020 1B
- Canary Islands 2020 - Volcano, Mountains and Beaches May 30, 2020 - Jun 13, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A [Space for single female to share a room and also a single male to share a room!](#)
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- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13, 2020 - Sep 27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B

ARE YOU INTERESTED?

Are you interested in Bike and Barge tours for April 2021? I am thinking of coordinating two tours. The first would be from Amsterdam to Bruges for a tulip tour. The second would be from Bruges to Paris. If you are interested in either tour, specify which one, or taking both tours. Please email Albert Balingit at Albalingit58@yahoo.com

Are you interested in taking over a Hawaii trip? Warner Griswold has been leading the Hawaii, Circumnavigate the Big Island for several years now but will be retiring from leading the trip after 2019. This popular trip has become an annual BAC tradition that fills consistently each year. If you would be interested in leading this trip for 2021, contact Warner Griswold. Email jwarner-griswold@att.net mobile 775-843-3960

Save the Date: Golden Ring of Russia 1B See the real Russia as we cycle through villages along the Volga river which are the sites of many historic events. Along the route, there is opportunity to mingle with the locals and see how Russians really live. The tour is in the final approval stage and should be released in August.

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VIEW FROM THE CHAIR (Elizabeth Buckingham)

August 2019 View from the Chair

Board Member Resignations. Unfortunately, Clarice Sackett and Kate Gordon have resigned from the Board.

Clarice served BAC with passion over the past two and half plus years, trying to ensure that we remained true to our roots. She was Secretary for two years and more recently chaired the newly created Membership Relations Committee. She was also quite active as a tour reviewer and was the individual who made the arrangements to obtain a 20% discount for members on their Ride with GPS subscription.

Kate was the Board member for two years with responsibility for the website. In this position, she helped move the organization forward significantly by documenting the existing functionality of the website and its known problem areas; by moving the website to a new host environment; by finding a new vendor that could support and maintain the existing website; by identifying an off-the-shelf platform that has promising potential as a new platform for the Club's information; and by improving BAC's document retention practices. Over the past six months, Kate has served as Secretary.

Be sure to give your thanks to both of them when you see either of them out on a ride.

Club members who would be interested in being appointed to the Board to complete Clarice or Kate's term to Feb/March 2021 are asked to submit an application to the BAC Office (office@bicycleadventureclub.org) by Friday, August 16th, 2019. Your application should provide background about yourself and how you believe your skills would be an asset for the Board. The Board's Governance policies are available from the BAC website under the Docs tab and detail how the Board operates and the expectations of Board members. If you have any questions, feel free to get in touch with me (elizabeth.bac@bell.net).

Policy

Ride Leadership Cost Reimbursement

Teleconferences were held on July 9th and 24th with approximately 40 different ride leaders, ride coordinators, ride co-leaders and drivers to discuss proposed changes to eligible ride leader reimbursement costs. Twenty-five written submissions were also received. The Board received a very clear message that additional work was required on its proposal. The primary message we heard was that ride leaders want to be able to recover all of their out-of-pocket costs and don't want to feel that they are subsidizing the costs of the participants. As the Board moves forward, it is consulting with a California based attorney and CPA who both specialize in tax exempt

organizations to ensure that whatever policy is implemented is consistent with Internal Revenue Service requirements.

Our thanks go out to everyone who participated in the teleconferences and/or submitted written comments on the proposed changes. While our process may seem messy, we believe that it will ultimately get the Club to where it needs to be.

Ride Leader Guidelines and Policies

Changes to the Ride Leader Guidelines and Policies that were highlighted in the May 2019 Update from the Chair and sent separately to Ride Directors/Ride Co-directors/Ride Coordinators/Drivers in late April were finalized and approved at the July 2019 Board meeting. They are now available on the BAC website under the Docs tab. The primary change made to what had been proposed was related to the number of tours a year a member could lead. As a result of the feedback received, experienced ride leaders may now be a member of the leadership team on two additional rides each calendar year (in addition to the previous limit of four). With these two additional rides, they may mentor a new BAC leader on their first or second BAC ride as Ride Director and/or act as a driver on a BAC tour. The language was also tweaked on the discussion of the accidental medical and repatriation policy BAC has in place, timing for getting a new tour company vetted, and the amount of the refund for members whose participation in a tour is cancelled.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in July 2019. If they live near you give them a call.

Lindsay and John Warner, San Diego, CA
Cynthia Simon, Healdsburg, CA
Judy Bradford, Peoria, IL
Ellen George, Peoria Height, IL
Deborah Caplan, Ann Arbor, MI
Schreck Thomas, Napa, CA
Mike Smith, Fresno, CA
Charles Jones, La Grande, OR
Douglas Washburn, Morgan, UT
Kirsten Johnsen, Walnut Creek, CA
Ann Crammond, Denver, CO
David and Susan Peake, Haslett, MI
Kathleen Steele and John Walker, Pismo Beach, CA
Jean Daskais, Forestville, CA
Beckwith Virginia, Salem, OR
Steven Toepel, Port Hadlock, WA
Patricia Baldwin, Benicia, CA
William Eberle, Tokyo,
Tanya Conover, Stafford, VA
Timothy Ice, Spokane, WA
Susan and Rick Greenway, Grove City, OH
Anita Nebel, Boulder, CO

Chase Kennedy, San Jose, CA
Arthur Wood, San Diego, CA
Jill Poll, Centerville, UT
Sadj Bartolo, Columbia, MD
Craig Pierce, Albuquerque, NM

TOURS (George Ellis)

- 8. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Western New England Greenway (WNEG) - CT/MA/VT June 22-July 3, 2020. Ride Director: Rich Gallo. Start Location: Danbury, CT. Finish Location: Danbury, CT. Ride Rating: 2B!

Golden Ring of Russia July 27-Aug 8, 2020 Ride Coordinator: Sam Nuckols in conjunction with Trip Site. Start Location: Moscow. Finish Location: Moscow. Ride Rating: 1B!

Tuscany on the Med 2020 Sept. 9-19, 2020 Ride Directors: James and Shelee Brenneman. Start Location: Donoratico, Italy. Finish Location: Donoratico, Italy. Ride Rating: 2B.

Appalachian Blue Ridge 2020 Sept 21-Oct 1, 2020. Ride Directors: Tom Leever and Kristi Brubaker. Start Location: Asheville, NC. Finish Location: Asheville, NC. Ride Rating: 4B!

Blue Wall of the Carolinas 2020 Oct 4-16, 2020. Ride Directors: Julie Leever and Carol Velamparambil. Start Location: Asheville, NC. Finish Location: Asheville, NC. Ride Rating: 3B!

2. Rides with Space Available

- England the Easy Way (Or Not). A Tour of East Anglia Aug 4-17, 2019 [Space for a single female to share a room.](#)
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for a single male to share a room.](#)
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A [Space for a single male to share a room.](#)

- Chateaux of the Loire Valley Section 2 Sep 21, 2019 - Oct 1, 2019 1B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- The Pittsfield Ramble Oct 20, 2019 - Oct 25, 2019 2B
- 2019 Ride Leader Seminar Oct 25, 2019 - Oct 27, 2019 1A
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C [Space for a single male to share a room.](#)
- Yet Another Week in Sunny Palm Springs Feb 22, 2020 - Mar 1, 2020 1B
- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C [Space for a single male to share a room.](#)
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room and also for a single female to share a room.](#)
- Flowers in the Hills 2020 Mar 29, 2020 - Apr 6, 2020 2B
- Corsica - The Beautiful One Apr 30, 2020 - May 13, 2020 4A
- From Basel to Amsterdam : The Treasures of the Rhine May 27, 2020 - Jun 4, 2020 1B
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NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

James and Shelee Brenneman We are excited about the opportunity to take over the very popular Tuscany on the Med fixed base trip in September 2020. Living most of the year in Columbus, Ohio and part-time in Silverthorne, Colorado, we have enjoyed outdoor activities including cycling, skiing, hiking and traveling. We participated in several commercial European bicycle and ski trips prior to joining BAC 10 years ago. Our BAC experience includes 14 trips so far, mostly European, including Tuscany on the Med. Though we have not actually led a BAC trip, we have taken the BAC leader training course and have led trips for our local bike club and have organized and conducted a 7-day trip on the GAP/C&O Trail from Pittsburgh to Georgetown on which we took along BAC friends. Our intention is to follow the successful template for the Tuscany trip with a great hotel and well established riding routes.

Kristi Brubaker Hello, my name is Kristi Brubaker. I will be co-leading the Appalachian Blue Ridge 2020 ride with Tom and Julie Leever. I am a registered nurse. My husband, Roy, and I have been BAC members since 2011. We've been on 7 tours. I just LOVE these tours-such a great way to see the world, build camaraderie, and do something that's actually good for you! We currently live in Palmetto, FL but have moved frequently with the Coast Guard.

ARE YOU INTERESTED?

Upstate New York Sampler May, 18 through May, 26 2020 - Seven Days of riding through Letchworth State Park, Erie Canal, Rochester, Lake Canandaigua, Keuka Lake. This ride will be open for signups Monday September 2nd. I am currently looking for a driver if you would like to volunteer. If interested contact Don Brumbaugh don@dandkbrumbaugh.com

MEMBERS CORNER

Douglas Gant Longtime member Doug Gant died on Thursday July 11, 2019 in a boating accident while in the Hood Canal. He wife Colleen Gant remains a BAC member. Doug and his wife have gone on dozens of BAC rides and Doug led the Olympic Peninsula Loop ride in 2011. Our condolences go out to their family.

New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

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SEPTEMBER 2019 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Board Changes

Jan Erickson and Peter Heinz have joined the Board replacing Kate Gordon and Clarice Sackett who resigned in July. Jan has been a member of BAC since 2008 and is committed to the philosophy of the mission statement; connecting members socially through organized tours, mutual respect for others, and members' independence and self-reliance with the adventure we all expect. She has served as President of her Homeowners Association, and the Events Director (14 events) and Volunteer Coordinator (200 volunteers) and eventually a Board Member of Methow Trails. Jan will chair the Membership Relations Committee.

Peter Heinz has been a member of BAC since 2013 and has been on 21 BAC rides since then. He is retired from a 35-year career as in-house counsel for several different companies. He had responsibility for managing Board of Director governance and administrative matters including contract drafting and review and insurance. He has served on boards of directors of several non-profits of a size similar to the BAC. Peter will serve as the Secretary.

George Ellis has also decided to resign. As George noted in his letter of resignation, he has enjoyed being able to give back to the club, but he felt it was time to explore other volunteer opportunities. During his time on the Board, George served as Secretary for a year and Lead Tour Reviewer/Chair, Ride Management Committee for two and a half years. In this role George interacted with most ride leaders and personally was the Tour Reviewer for over a third of the rides. Give him your thanks when you see him out on a ride.

The Board has decided not to fill George's spot on the Board at this time since any appointee would have at most six months to serve. Instead, a new Board member will be elected at the AGM at the end of February 2020 to replace him. In the meantime, Tom Leever has assumed responsibility for the Ride Management Committee. To lighten the load, Tom has created East, Central and West teams comprised of club members (mixture of ride leaders and club members who have been on a significant number of rides) who will act as ride reviewers and interact with the ride leaders. Rick Madden has agreed to be Tom's assistant in coordinating the activities of the teams. The Board will still approve all rides.

The Board has also started to identify individuals who are interested in participating on the Ride Leader Training and Development Committee. With our membership spread across the United States and beyond, one of the things the committee will consider is whether different means (e.g., webinar) should be used to deliver our training.

If you are interested in getting involved with the club operations (membership relations, ride reviews, ride leader training, website) let Nancy (office@bicycleadventureclub.org) know. Please include a brief description of your relevant background.

Bylaws

A number of changes to the Club's bylaws have been approved in principle by the Board. Key changes include:

- Permitting members whose membership has been terminated to rejoin only with the approval of the Board.
- Deleting details on the right of ride leaders to decide who will be accepted on a ride and to remove a participant from a ride they are leading. These operational matters will be included in a future update of the Ride Leader's Policies and Guidelines.
- Changes the duration of a Board member's term to three years from four years and limiting the lifetime service on the Board to six years.
- Increasing the maximum number of Board members to nine from seven. The ratification of this change will require a vote at the AGM in February 2020.
- Addition of language about Member committees which the Board may create to assist with the operation and administration of the Club.

A revised version of the Bylaws including the proposed changes is available from the BAC website (https://www.bicycleadventureclub.org/docs/BAC_Bylaws_approved%20in%20principle%20Aug%2020%202019.pdf). The proposed new language is provided in blue in the document. If you have any comments please send them to me (elizabeth.bac@bell.net) or to Nancy Bohnett (office@bicycleadventureclub.org) by September 15, 2019.

Board Policies

The Board has approved in principle a number of changes to the Board Policies. Key changes include the addition of information on:

- the types of skills Board members should possess,
- the process to be followed by the Board to fill Board vacancies, if it chooses to fill the vacancy,
- the annual timeline for the identification of potential new Board members and their election, and

- how Member committees will operate.

A revised version of the document is available from the BAC website (<https://www.bicycleadventureclub.org/docs/BAC%20Governance%20Policies%20approved%20in%20principle%20Aug%2020%202019.pdf>). The proposed changes are provided in blue. If you have any comments please send them to me (elizabeth.bac@bell.net) or to Nancy Bohnett (office@bicycleadventureclub.org) by September 15, 2019.

Ride Leadership Cost Reimbursement

Based on the feedback received from those who provided written feedback and/or participated in one of the two Ride Leader Forums during July 2019, the proposed ride leadership cost reimbursement framework has been completely revamped along with the Budget Worksheet and Final Accounting (BWFA) workbook. The revised draft has recently been circulated to those who have provided written feedback and/or participated in the July 2019 Ride Leader Forums for comment. Feedback has been requested by September 30, 2019. Based on the comments received, the Ride Leader Policies and Guidelines will be revised to include this new framework and made available to the membership for comment before being finalized and approved. We hope to have a revised version of the policy that has been approved in principle by the Board by the end of October or November 2019.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in August 2019. If they live near you give them a call.

John and Christine Barnard, Brooklyn, NY
 Derek Broering and Lerin Raines, Spring Valley, OH
 Troy and Kristina Wilson, Hilliard, OH
 Bob Spang, Mystic, CT
 Janice Melchiorre, Douglas, MA
 Amy Simper and Charles Babbitt, Silverthorne, CO
 Scott Dazey, Silverthorne, CO
 Linda and Steven Scott, Granville, OH
 Robert Kerr, Spokane, WA
 Kenneth and Jackie Krebs, New Albany, OH
 Don Blagsvedt and Sarah Page, Tacoma, WA
 Cheryl Marek and Deb Feay, Seattle, WA
 Linda Scoccia, Seattle, WA
 Deborah Ford, Seattle, WA
 Nancy and David Clayton, Bel Air, MD
 Jeff Lebow and Debra Fowler, Atlanta, GA
 John Eaton and Libby Dame, Palo Alto, CA
 Louis and Dorothy Blanco Summit, NJ
 Jean and Brian Mearon, Kamloops, BC
 Diane Drey, New York, NY
 Duane Morse, Falls Church, VA

Diane Hannon, Concord, MA
David and Danine Weber, Red Deer, AB
Annette MacDougall, Portland, OR
David Raup, Mechanicsburg, PA
John and Katherine Coppinger, Greenwich, CT
Seth Goodman, Verona, WI
Sherri Eng, San Francisco, CA
Shell Bern, Montreal, QC

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Paso Robles Ramble 2020 Mar 29-Apr 4, 2020. Ride Directors; Rich & Marianne Reinecke. Start Location: Paso Robles, CA. Finish Location: Paso Robles, CA. Ride Rating: 3B!

Upstate New York Sampler May 18-26, 2020 Ride Director; Donald Brumbaugh. Start Location: Mt. Morris, NY. Finish Location: Mt Morris, NY. Ride Rating: 1B!

Durango Fandango Sept 13-19, 2020. Ride Directors: Thomas & Peggy Rossman. Start Location: Durango, CO. Finish Location: Durango, CO. Ride Rating: 2B.

Fall in the Mid-Hudson River Valley Sept 27-Oct 2, 2020 Ride Directors: Claire Robinson and Jean Sifleet. Start Location: New Paltz, NY. Finish Location: New Paltz, NY. Ride Rating: 2B!

Texas Hill Country, the Whole Enchilada Oct 4-18, 2020. Ride Directors; Dave & Cindy Graham. Start Location: San Antonio, TX. Finish Location: San Antonio, TX. Ride Rating: 2B!

Rides with Space Available

- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Montreal, je t'aime Sep 7, 2019 - Sep 17, 2019 1C
- A Taste of France's Central Massif Sep 12, 2019 - Sep 26, 2019 2B
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B
- Chateaux of the Loire Valley Section 2 Sep 21, 2019 - Oct 1, 2019 1B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A

- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- The Pittsfield Ramble Oct 20, 2019 - Oct 25, 2019 2B
- 2019 Ride Leader Seminar Oct 25, 2019 - Oct 27, 2019 1A
- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room and for a single female to share a room.](#)
- Corsica - The Beautiful One Apr 30, 2020 - May 13, 2020 4A
- From Basel to Amsterdam : The Treasures of the Rhine May 27, 2020 - Jun 4, 2020 1B
- Canary Islands 2020 - Volcano, Mountains and Beaches May 30, 2020 - Jun 13, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A [8 Spaces still available!!](#)
- Western New England Greenway (WNEG) - CT/MA/VT Jun 22, 2020 - Jul 3, 2020 2B
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3C
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B [Space for a single male to share a room.](#)
- Canadian Rockies and Undiscovered Foothills Jul 13, 2020 - Jul 26, 2020 3B
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A [Space for a single male to share a room.](#)
- Tuscany on the Med 2020 Sep 9, 2020 - Sep 19, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13, 2020 - Sep 27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B

NEW BAC RIDE LEADERS FOR RECENTLY APPROVED RIDES

Jean Sifleet and Claire Robinson are new BAC leaders and will be leading their first BAC trip in September 2020 ([Fall in the Mid-Hudson River Valley](#)). Jean and Claire bring much experience to BAC, as they have been leading bicycle trips for AMC (Appalachian Mountain Club), and local bicycle clubs in Massachusetts for many years. Jean and husband, Bill, have been on 4 previous BAC trips. Claire and husband, Steve, have been on one BAC trip, with another pending.

Dave and Cindy Graham have been members of BAC for six years and have participated in 12 and 9 rides, respectively. They live in Georgetown, Texas, on the edge of the Hill Country. Both Dave and Cindy are alternate ride leaders for the Sun City Cyclists Club, a group of over 160 active seniors who sponsor daily rides for a variety of ability levels, and Cindy is the Social Chairperson for that group. They love riding in Central Texas and are looking forward to sharing the rides, the history, the music, and the charm of the [Texas Hill Country, the Whole Enchilada Ride](#).

ARE YOU INTERESTED?

Cross Country 2021: Just putting out an advance notice to see if anyone is interested in participating in a x-c tour. As of this time, looking at the start date as during the last week of May 2021 on the west coast and ending the first week of August. If you are interested please drop an email so we can talk. Thanks - Rich Gallo rickonabike@gmail.com

Madagascar Is anyone interested in picking up and running this Madagascar ride? We just finished co-coordinating this ride for the second time this August. This tour has gotten excellent reviews both times and would be a "trip of a lifetime" for you and the participants. The tour basically runs itself under the direction of some of the most capable and knowledgeable guides and support staff who do an excellent job running a tour the BAC way. The last tour ran with 12 riders and that was a perfect number. We lead this tour in August, which is winter in Madagascar, dry and cool. Please contact me if you have any questions. Marita Moberg maritamo1@aol.com

MEMBERS CORNER

Save the Date!! Jerusalem to Petra and Back ride is returning, November 6-20, 2020. Join us for this remarkable journey following in the footsteps of biblical stories and heroes, as well as TE Lawrence (Lawrence of Arabia), for a 14-day tour by exploring the Holy City of Jerusalem, through the desert to the Red Sea and on to the ancient Nabathean City of Petra in Jordan.

New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

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Hello BAC Members,

Welcome to the October 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

OCTOBER 2019 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Nominations for the Board

A separate notice is included in this Update, calling for nominations to BAC's Board of Directors. I strongly encourage all members to consider putting their names forward and/or to consider who you have met in the course of BAC rides who you think have the skills and background necessary. Encourage them to submit their name and/or pass on their name(s) to the nominating committee. A range of voices are required at the table to help steer the Club in an appropriate direction.

Bylaw and Policy Changes

Changes to the Club Bylaws and the Board policies as announced last month were ratified by the Board during its September 2019 teleconference. The final version of both documents is now available on the BAC website.

Ride Leader Seminar

The 2019 Ride Leader Seminar will be held in Pittsfield, MA Oct 25-27, 2019. There are still a few spots available. The two day session will be videotaped and made available to those who'd like to attend but find it difficult due to timing and/or location. More experienced ride leaders may also find viewing the video or portions of it useful as a refresher. We expect that in 2020, training will be offered in the Pacific North West in the late fall.

CALL FOR NOMINATIONS

Nominations to the BAC Board of Directors are being accepted through October 31, 2019. Two vacancies need to be filled—the vacancy created by George Ellis' resignation and Elizabeth Buckingham's term is coming to an end. Elizabeth is, however, eligible to be elected to an additional two year term. The term of office for any new Board members will be three years. A Board member must be a club member for at least two years prior to his/her assumption of office, must be a club member throughout his/her tenure as a Board Member, and must be in continued compliance with the bylaws and the Board's governance policies including the Board Members' Code of Conduct during their tenure on the Board.

The club's Board Policies approved in September 2019 () and available on the BAC website under "Docs" outlines the Board Job Description; the characteristics, qualities and perspectives sought in Board members; the roles of Officers of the corporation; and existing committees and their responsibilities. The Board is specifically looking for someone at this time who could step into the role of Treasurer (e.g., has expertise in financial management and internal controls).

If you want to know more about serving on the Board, feel free to contact a member of the Nominating Committee (Brenda Cole (brendacole.bac@yahoo.com), Jan Erickson (bacjan50@gmail.com) or Tom Leever (tleevever@att.net)). If you know of someone who think will make a good Board member, please contact the BAC office (office@bicycleadventureclub.org or 858-715-9510) or one of the Nominating Committee members who in turn will get in touch with the individual.

Individuals willing to serve on the Board must submit a letter to the BAC office detailing:

- The characteristics, qualities and perspectives that you would bring to the Board and how you have demonstrated them in previous work and/or volunteer experience.
- Those areas of the Club's activities that most interest you and where you would see yourself getting involved.
- The monthly time commitment you would be willing to make (i.e. < 10 hours/month, 10-20 hours/month, 20-30 hours/month, > 30 hours/month). While the Board will be trying to diminish its role in operational matters in the coming year, the transition has not yet occurred and some individuals are currently spending more than 10 hours a week fulfilling their BAC commitments.

By the end of November the Board will determine which candidates it will nominate for election to the Board. The number of nominees will equal the number of positions to be filled. These nominees will be announced to the membership in the December 2019 Monthly Update. If there are any other members who wish to be nominated directly by the membership, they will have until January 14, 2020 to submit a petition with the signatures of two percent of the membership (approximately 50 signatures). Between January 15, 2020 and February 15, 2020 proxies will be sought for all the nominated candidates. These proxies will be exercised by the Board Chair at the Annual General Meeting at the end of February 2020.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in September 2019. If they live near you give them a call.

Ellen Harnett, Oradell, NJ
Tracy McCrossin, El Cerrito, CA
Troy and Troy Bush, Clover, SC
Brook Pang, El Cerrito, CA
Brian and Eileen Rowe, Fullerton, CA
Geanine Lehmann, Madison, AL
Barbara Tate and Grant Duncan, Swansea UK, CA
Denise Tarlier, Kelowna, BC
Phil Jones, Bellingham, WA
Robert and Brenda Fletcher, Vacaville, CA
Lorraine Trautwein, San Anselmo, CA
Jaryn Pierson, Pittsfield, MA
Naomi Porat, San Francisco, CA
Glen and Janet Hukins, Succasunna, NJ
Felice Gingras, Roseburg, OR

Steven Schonhaut, Fremont, CA
Andrew Padla and Debra Taylor, Townsend, MA
Sylvain Elie, Hilton Head Island, SC
Danny and Jeannie Spivack, Broomfield, CO
Tracy Brown, Madison, NJ
Margaret Kohl, Newton, NJ
Lorna Marchand and David Miller, Silverthorne, CO
Susan Woods, Concord, NH
April Powers, Larkspur, CA
Dennis Roberts, Lexington, SC
Daisy LaPoma, Bend, OR
Jan Billing and Don Blling, Rohnert Park, CA
Daniel Burwinkle and Bertha Montoya, Albuquerque, NM
Ann Mahaney, Sacramento, CA
David Blondfield, Sparks, NV
Chris John and Tina Schroeter, Breckenridge, CO
Jerry Dimsdale, Orinda, CA

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Historic Roaring Fork Valley August 10-20, 2020. Ride Directors; Bob & Ann Smith. Start Location: Glenwood Springs, CO. Finish Location: Glenwood Springs, CO. Ride Rating: 2A

Virginia Horse Country, Mountains Valleys 2020 Oct 4-17, 2020. Ride Director; Karen Hass. Start Location: Leesburg, VA. Finish Location: Leesburg, VA. Ride Rating: 3B!

Jerusalem to Petra and Back 2020 Nov 6-19, 2020 Ride Coordinator: Eileen Vergino in conjunction with Gordon Active. Start Location: Jerusalem, Israel. Finish Location: Jerusalem, Israel. Ride Rating: 3B!

Rides with Space Available

- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- 2019 Ride Leader Seminar Oct 25, 2019 - Oct 27, 2019 1A
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C [Space for a single male to share a room.](#)
- Yet Another Week in Sunny Palm Springs Feb 22-Mar 1, 2020 [Space for a couple just opened up!](#)

- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room and for a single female to share a room. \(As well as other spaces available\)](#)
- Paso Robles Ramble 2020 Mar 29, 2020 - Apr 4, 2020 3B
- Corsica - The Beautiful One Apr 30, 2020 - May 13, 2020 4A
- Upstate New York Sampler May 18, 2020 - May 26, 2020 1B
- From Basel to Amsterdam : The Treasures of the Rhine May 27, 2020 - Jun 4, 2020 1B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A
- Western New England Greenway (WNEG) - CT/MA/VT Jun 22, 2020 - Jul 3, 2020 2B
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3B BC Interior: Columbia River Headwaters. June 23- July 9, 2020. [This ride has been re-rated to a 3B ride \(from a "Strong" 3C\) following final detailed mapping. Still space available!](#)
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B
- Canadian Rockies and Undiscovered Foothills Jul 13, 2020 - Jul 26, 2020 3B
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A [Space for a single male to share a room.](#)
- Tuscany on the Med 2020 Sep 9, 2020 - Sep 19, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13, 2020 - Sep 27, 2020 3B
- Durango Fandango Sep 13, 2020 - Sep 19, 2020 2B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Texas Hill Country, the Whole Enchilada Oct 4, 2020 - Oct 18, 2020 2B

MEMBERS CORNER

Two Co-Motion Co-Pilot soft side bicycle travel cases for sale, one in excellent condition, one in very good condition with a 1/2" rip on exterior pocket. Used twice - one overseas and one domestic trip. \$200 for excellent condition case, \$175 for very good condition case. Plus \$100 shipping if you're buying one, or \$175 shipping if you're buying both cases. Email with any questions or to see photos or arrange purchase - nancy@nancyfollett.com

New capability on our website. Members can now write a short announcement (less than 200 words), submit it to Nancy Bohnett in the office, and have it posted on the Home Page of our website, as well as request that it be in the next Monthly Update email. The announcement can be a request for riding partner or roommate, personal bicycle or travel item for sale or wanted, request for opinions about various bicycle or navigation devices or travel locations, or just about any other communication to members (with the exception of advertising for commercial ventures). Try it and reach out to other BAC members.

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Hello BAC Members,

Welcome to the November 2019 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

NOVEMBER 2019 VIEW FROM THE CHAIR (Elizabeth Buckingham)

Twenty Club members participated in the 2019 Ride Leader Seminar held October 25-27, 2019 in Pittsfield, MA with Tom and Julie Leever and Elizabeth Buckingham acting as the instructors. There was a good interaction between the trainers and trainees resulting in the provision of a greater insight on how to lead a BAC ride and the tools available to make it easier. A number of participants already have potential rides in mind. Be on the lookout for their upcoming rides!

The seminar was recorded. We hope to have it available online in the coming months as a reference tool for both new and experienced ride leaders. Club member Joan Feerick is coordinating this effort. Two other Club members with experience in adult learning have volunteered to participate on the Ride Leader Training and Development Committee. The Board hopes that their efforts will build on the training materials developed over the past ten years and recognize that not everyone can easily travel to wherever classroom sessions may be offered in a given year. The Board understands that the additional training material that may be developed will not replace periodic in person training opportunities. Tentative plans have been made to hold the next Ride Leader Seminar in the Pacific North-West (probably in the Seattle area) in the fall of 2020.

The other major Board initiative underway at the moment relates to the reimbursement of ride leader expenses. We are still consulting with accounting professionals to fully understand BAC's reporting obligations and how that may impact on our existing processes. Tentatively we would like to have a teleconference with ride leaders in mid to late November or early December to outline any changes that may be required for BAC to meet its reporting requirements to the Internal Revenue Service for 2019 and going forward. More information will be sent out to ride leaders once we know more.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in October 2019. If they live near you give them a call.

Lawrence Schoen and Marcie Weil, Columbia, MD
Claudia Rosenholz, Albany, NY
Dennis Prior, Windsor, CA
Gayle Cepparo, Oakland, CA
Eric Ziering, Newton, MA
Paul Winnicki and Christine Durieux, Oakland, CA
Mike Goebel, San Diego, CA
Irene Mantel, New York, NY
Peter Nast, Santa Fe, NM
Aida Reid, Tucson, AZ
Bonnie Gillespie, Saint Charles, IL
Dan Gould, Santa Rosa, CA
George Lanik, Wheat Ridge, CO

James Mantell, Issaquah, WA
Lynn Mayo, Glenwood, MN
Judy Peters, Glenwood, MN
Peter Eckmann, Winthrop, WA
Kathryn Converse, Uxbridge, MA
Richard McNamara and Cheryl Houston, Hillsboro, NH
Douglas McMahan, Morristown, NJ
Alex and Natalie Mikishko, Superior, CO
Kevin Lutz, St Charles, IL

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Barns, Buggies & Bridges Amish Tour (II) Sept 12-20, 2020 Ride Directors: Greg & Samantha Corwin. Start Location: Bird in Hand, PA. Finish Location: Lebanon, PA. Ride Rating: 2B!

Bike Hike the Fall Colors in Carbondale Colorado Sept 29-Oct 6, 2020 Ride Directors: Mike Ballinger & Huey Hurst. Start Location: Carbondale, CO. Finish Location: Carbondale, CO. Ride Rating: 2B

Puglia (Italy), Land of History, Scenery, Beaches Oct 2-16, 2020 Ride Coordinator: Alma Worthington in conjunction with Hike & Bike Italy. Start Location: Matera, Italy. Finish Location: Lecce, Italy Ride Rating: 1B!

Rides with Space Available

- Tucson Sunshine and Saguaros Mar 7, 2020 - Mar 14, 2020 2B [Space for a single female to share a room](#)
- North Island Tour-New Zealand Mar 8-23, 2020 3C! [Space for a single male to share a room](#)
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room and for a single female to share a room. \(As well as other spaces available\)](#)
- Paso Robles Ramble 2020 Mar 29, 2020 - Apr 4, 2020 3B
- From Basel to Amsterdam : The Treasures of the Rhine May 27, 2020 - Jun 4, 2020 1B
- Discover Prehistoric, Roman Provence and Luberon Jun 6, 2020 - Jun 21, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3B
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B

- Canadian Rockies and Undiscovered Foothills Jul 13, 2020 - Jul 26, 2020 3B
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10, 2020 - Aug 23, 2020 1A [Space for a single male to share a room.](#)
- Historic Roaring Fork Valley Aug 10, 2020 - Aug 20, 2020 2A [Space for a single male to share a room as well as two additional spots open.](#)
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13, 2020 - Sep 27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Texas Hill Country, the Whole Enchilada Oct 4, 2020 - Oct 18, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B

MEMBERS CORNER

2011 Trek Madone 4.5 with Shimano 105 components, 54cm. This is a one owner bike. The bike was ridden less than two years. The bike is blue and black with white accents. The bike is located in Oregon. Asking \$499 plus cost of shipping. Estimates on shipping depends on location and can run from \$60 to \$170 dollars. Any questions please contact Petkep@comcast.net

Ritchey Breakaway Cross 54 cm bike For Sale. Touring setup: White/Burgundy steel frame, carbon aluminum fork. Shimano Ultegra shifters & front derailleur, 105 long cage rear derailleur, 12x34 10 speed cassette. FSA SL-K carbon triple crankset. Wheels have DT Swiss 240 hubs, 28 spokes, Velocity rims with Continental 700 x 28 on the front and Schwalbe 700x32 on the rear wheel. EXTRAS: luggage rack, Ortleib Back Roller Plus panniers (waterproof), plastic fenders, bottle cages. Ritchey travel case, manual, instructions, and wrenches included. . Total purchase cost in March 2012 was \$4000. For Sale for \$2,000 plus \$100 shipping. Contact: Barry Pullen pullen_39@yahoo.com or call (804)561-3950. Near Richmond VA.

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Hello BAC Members,

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DECEMBER 2019 VIEW FROM THE CHAIR (Elizabeth Buckingham)

BAC's 2019 tours have now wrapped up for the year—63 tours organized and successfully conducted by 90 different members in the roles of ride leader/ride coordinator, ride co-leader/ride co-coordinator or van driver. There were the annual favorites (Solvang—17th year; Paso Robles—14th year; Tuscany on the Med—12th year; Flowers in the Hills (Fredericksburg)—10th year; Tucson Sunshine & Saguaros—8th year); those that are offered every few years (Adirondacks, Eastern Swiss Lakes, Le Marche, Slovenia's Heart, Umbria, and Vermont Northeast Kingdom); some first time tours (Pittsfield Ramble, Santa Fe, and Tour de Victoria); and some coordinated tours that took our members to spots off the beaten path for the first time (China, Cuba, and the Philippines). Many thanks to those members who devoted hours upon hours to making these tours happen.

For those who haven't yet led a ride, there are various resources available to help you. Nancy Bohnett (office@bicycleadventureclub.org) can provide details on orphaned rides. Detailed daily ride descriptions, hotel lists, and cue sheets are available in some cases. There are also experienced club ride leaders who are happy to act as a mentor. If there is a leader from a ride you've been on who you thought highly of, you may wish to approach them to provide you with suggestions and guidance as you develop a tour. You can also contact Tom Leever (tleeve@att.net), Chair of the Ride Management Committee for suggestions on potential mentors. The Club's continuing success rests in large measure, on members stepping forward to organize and lead tours.

Policy Initiatives

For most of 2019, the Board has been working on addressing concerns about ride leadership costs for tours. The existing framework was approved by the Board in 2007 and was effective for rides operating in 2009 or later. Consultation occurred with ride leaders over the summer and early fall and significant revisions were made to the Board's initial proposals. A draft Ride Leader Policies and Guidelines was circulated to ride leaders/ride coordinators and ride coleaders/ride co-coordinators in November and teleconferences are scheduled to receive input in December. Key changes include:

- The elimination of a cap on ride leadership costs except that if a member of the leadership team travels to/from a tour by air, they may only claim the costs of an economy airfare and that a justification is required if the least expensive means of travel is not used to travel to/from a tour.

- Receipts must be provided for all claimed tour costs except for any claimed meals for members of the ride leadership team which were not provided as part of group meals. An amount up to the per diem set by the GSA (within the USA) or the State Department (outside the USA) may be claimed for these meals.

A copy of the draft revised Ride Leaders Policies and Guidelines and an updated Budget Worksheet and Final Accounting (BWFA) workbook is available on the BAC website under the Docs tab. Any comments should be sent to me (Elizabeth.bac@bell.net) by December 20, 2019. The Board hopes to be able to give final approval to the changes in early 2020.

2020 Annual General Meeting

BAC's Annual General Meeting will be held Thursday, February 27, 2020 at 4:30 pm at the Union Public House, 4340 North Campbell Avenue, Tucson, AZ. Agenda items will include the receipt of reports highlighting the Club's activities over the past year, approval of the 2019 financial report, election of new Directors, and an opportunity for Club members to ask questions and make comments. We hope to see as many of you there as possible. If interested in attending please RSVP with Nancy Bohnett at the office (office@bicycleadventureclub.org)

2020 BOARD NOMINATIONS

The Board has nominated Elizabeth Buckingham to an additional two year term on the Board and is still seeking another candidate to nominate to a four year term. If you are interested in being a Board nominee, please send a letter outlining your interest to the office (office@bicycleadventureclub.org). If you want more information about Board responsibilities, don't hesitate to contact Tom Leever (tleever@att.net or 828-393-8512) or review the Board Governance Policies available from the BAC website under the Docs tab at the top of the screen ([Board Governance Policies](#)). Candidates may also be nominated for election to the Board through petition by 2% of the membership up until January 14, 2020. Proxies will be solicited from January 15 to February 15, 2020 for candidates nominated by the Board and those nominated by the membership. The proxies cast will be exercised by the Board Chair at the Annual General Meeting following the direction provided.

Candidate Profile—Elizabeth Buckingham

Elizabeth would be honored to serve an additional two year term on the BAC Board. Over the past four years she has played a key role in BAC's move to collecting ride payments by credit card, and strengthening BAC's governance and internal administrative practices. She has extensive Board experience in a wide range of different organizations (social clubs, professional organizations, a charity, special purposed boards defined by provincial legislation) and was the chair or president at some point on five of the eight other Boards she has been on over the past

thirty years. She has led or co-led five BAC tours over the past five years and is currently working to revive an orphaned ride on Canada's east coast for 2021.

HELP WANTED – BAC would like to hire a part time person (10-20 hrs/wk) to be the Tour Review Director, reporting to the Ride Management Chair (presently Tom Leever) - This person would be responsible for organizing the Tour Reviews as a resource to the five teams set up for that purpose.

Their effort is mostly about making sure the proposed tours are well described and the budget is prepared in line with the policies set by the Board.

After tours are completed the Director will organize the debriefs, again working with the Tour Reviewer, but since there are often personnel changes, when required the Director will actually do the Debrief him/herself. After thanking the leader, the debrief process consists of getting the leaders to consider area that might be improved the next time and to determine if the leader intends to lead the tour again.

This position will also maintain the TIP sheet (Tours in Planning) and the Orphans Ride List. Ideally, this person would be someone who wants to give back to BAC, but does not see themselves as a Tour Leader. We are willing to discuss salary requirements with interested individuals. Contact Tom Leever at tleever@att.net.

NEW MEMBERS We are pleased to welcome these new BAC Members who have joined us in November 2019. If they live near you give them a call.

Claire Pontet, Paris,
Al Sferra, Mendham, NJ
Jim Hampton, Oakland, CA
Gary Losselyong, San Rafael, CA
Cynthia Prosterman, San Rafael, CA
Kathleen Schumacher, Nipomo, CA
Twain Berg, Gardnerville, NV
Alton and Jan Penz, Frisco, CO
Peg DeBender, Glen Allen Henrico, VA
Mitchell Friedman, Carlsbad, CA
Arthur and Deborah Tillman, Elkhorn, WI
Gary Bowitch, Cstleton, NY
Brion Dunbar, Nevada City, CA
Judith Hanebury, Calgary, AB
Douglas Rayvid, Short Hills, NJ
Isabelle Noiret, Port Townsend, WA
Sheila Murphy, Port Townsend, WA
Lesley Tuggle, Gardnerville, NV
Pam Buck, Blue Springs, MO
Don Potts, Jackson, MS

TOURS

New Rides Posted. You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

The Best of Tasmania Feb 15-Mar 2, 2021. Ride Directors: Robert Deering & Arleen Sakamoto. Start Location: Hobart, Tasmania. Finish Location: Hobart, Tasmania. Ride Rating: 3B.

Bike and Barge: Amsterdam to Bruges May 1-15, 2021 Ride Coordinator: Albert Balingit in conjunction with Eurosail Travel. Start Location: Amsterdam, Netherlands. Finish Location: Bruges, Belgium. Ride Rating: 1A.

Bike and Barge: Bruges to Paris May 15-29, 2021. Ride Coordinator: Albert Balingit in conjunction with Eurosail Travel. Start Location: Bruges, Belgium. Finish Location: Paris, France. Ride Rating: 1A.

Cross Country 2021 May 27-Aug 7, 2021. Ride Directors: Rich Gallo & Bob Hargrave. Start Location: Seattle, WA. Finish Location: New York City, NY. Ride Rating: 2C!

Rides with Space Available

- North Island Tour-New Zealand Mar 8, 2020 - Mar 23, 2020 3C [Space for a single male to share a room](#)
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C [Space for a single male to share a room and also space for single female to share a room](#)
- Tuscany: From Sun to Sea May 18, 2020 - May 30, 2020 2B [Space for a single male to share a room](#)
- From Basel to Amsterdam : The Treasures of the Rhine May 27, 2020 - Jun 4, 2020 1B
- Discover Prehistoric, Roman Provence and Luberon Jun 6, 2020 - Jun 21, 2020 2B
- Douro and Minho Wine Country: Portugal 2020 Jun 13, 2020 - Jun 26, 2020 3A
- BC Interior : Columbia Headwaters Jun 23, 2020 - Jul 9, 2020 3B
- Azores Bike and Hike: Climbs and Trails of São Miguel Jun 28, 2020 - Jul 7, 2020 3A
- Camino de Santiago-Northern Route Jul 8, 2020 - Jul 26, 2020 3B [Space for a single male to share a room](#)
- Canadian Rockies and Undiscovered Foothills Jul 13, 2020 - Jul 26, 2020 3B
- Golden Ring of Russia Jul 27, 2020 - Aug 8, 2020 1B
- Hamburg to Dresden-A Classic Tour Along the Elbe River Aug 10- Aug 23, 2020 1A [Space for a single male to share a room](#)
- Historic Roaring Fork Valley Aug 10, 2020 - Aug 20, 2020 2A [Space for a single male to share a room](#)

- Salzburg Double Loop - Seven Lakes Aug 19, 2020 - Sep 4, 2020 2B [Space for a single male to share a room](#)
- Barns, Buggies & Bridges Amish Tour (II) Sep 12, 2020 - Sep 20, 2020 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorges Sep 13- Sep 27, 2020 3B
- Torino to the Sea and Back Sep 16, 2020 - Sep 30, 2020 3B
- Catalonia - Salvador Dalí and Costa Brava Sep 17, 2020 - Oct 1, 2020 2B
- Appalachian Blue Ridge 2020 Sep 21, 2020 - Oct 1, 2020 4B
- Fall in the Mid-Hudson River Valley Sep 27, 2020 - Oct 2, 2020 2B
- Bike Hike the Fall Colors in Carbondale Colorado Sep 29, 2020 - Oct 6, 2020 2B
- Texas Hill Country, the Whole Enchilada Oct 4, 2020 - Oct 18, 2020 2B
- Jerusalem to Petra and Back 2020 Nov 6, 2020 - Nov 19, 2020 3B

ARE YOU INTERESTED?

Madagascar Is anyone interested in picking up and running this Madagascar ride? We just finished co-coordinating this ride for the second time this August. This tour has gotten excellent reviews both times and would be a "trip of a lifetime" for you and the participants. The tour basically runs itself under the direction of some of the most capable and knowledgeable guides and support staff who do an excellent job running a tour the BAC way. The last tour ran with 12 riders and that was a perfect number. We lead this tour in August, which is winter in Madagascar, dry and cool. Please contact me if you have any questions. Marita Moberg maritamo1@aol.com

MEMBERS CORNER

Longtime member Sid Russak passed away in October. He and his wife, Caryl, led 40 tours mostly in Europe from June, 1987 to June, 2009. He mentored several Ride Directors who have continued to lead some of their tours.

Carbent Traveling Raven and Scicon Aerotech bike case owned by a rider 5'7", full carbon frame breaks apart for travel, Velocity 700c rear wheel, 650c front wheel, SRAM X0 3x10 Twist Shifter Set., SRAM 11-36 cassette. Weight 19.5 lbs. Price: \$2700 w/o case. Full description and photos available from Marianne at mbrems@gmail.com

Lightening R-84 lightweight recumbent owned by a rider 5'7", full carbon volcano red frame, SRAM Red components. Velocity 650 rear wheel, 20" front wheel, full suspension, 10-speed triple crank. Weight: 22 lbs. Price: \$2200. Full description and photos available from Marianne at mbrems@gmail.com

For sale Large touring bike. The frame is a custom steel Michael Johnson. It has eyelets in the frame for front and rear racks and three water bottles. I had the S&S couplers added last year and the frame repainted. It comes with a "suitcase" that is not oversized luggage front and rear

racks (they do not fit in the suitcase) and paniers. It has an Ultrategra 9 speed drive train with a front triple. The suitcase has rear wheels. The bike and all tools needed to reassemble fit in the case. The cranks will need to be replaced but can be ridden. Frame size by tube top 60 cm, seat post 62, drop 65, top of seat to peddle down stroke 95 cm. I'm 6' 3" with a 34 in inseam. I will send pictures upon request. tellis1955@gmail.com. Asking \$1000 OBO

2011 Trek Madone 4.5 with Shimano 105 components, 54cm. This is a one owner bike. The bike was ridden less than two years. The bike is blue and black with white accents. The bike is located in Oregon. Asking \$499 plus cost of shipping. Estimates on shipping depends on location and can run from \$60 to \$170 dollars. Any questions please contact Petkep@comcast.net

Ritchey Breakaway Cross 54 cm bike For Sale. Touring setup: White/Burgundy steel frame, carbon aluminum fork. Shimano Ultegra shifters & front derailleur, 105 long cage rear derailleur, 12x34 10 speed cassette. FSA SL-K carbon triple crankset. Wheels have DT Swiss 240 hubs, 28 spokes, Velocity rims with Continental 700 x 28 on the front and Schwalbe 700x32 on the rear wheel. EXTRAS: luggage rack, Ortleib Back Roller Plus panniers (waterproof), plastic fenders, bottle cages. Ritchey travel case, manual, instructions, and wrenches included. . Total purchase cost in March 2012 was \$4000. For Sale for \$2,000 plus \$100 shipping. Contact: Barry Pullen pullen_39@yahoo.com or call (804)561-3950. Near Richmond VA.

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